



# Life's a Beach: Overcoming the Storms of Life

Week of Aug 21st, 2022

## Connect Group Discussion Guide

Sometimes it can be easy to focus on all the negative going on in our lives. Our perspective can be, “Life’s a Bleep!” But with God we can change our perspective to know and believe that Life’s a Beach!

- Circle Time: Share about a person in your life that no matter how bad a situation is they always find a positive in the situation.
  - In the moment how do you feel about it? Is it helpful to you? Is it annoying to you?
  - Over time how, if at all does a person like this impact you?
- Read Acts 27. Last Sunday Pastor Dave taught us that there are 4 practices of the Apostle Paul in this chapter that help us to “see the beach in the midst of the storm”.
- *1. Recognize the problem*
  - List where you see Paul putting this to practice in ch. 27. (v.9-10)
  - What was Paul trying to accomplish by presenting the problem of the storm?
  - How does recognizing the problem help you in difficult situations?
- *2. Listen to Prophetic Truth*
  - List where you see Paul putting this to practice in ch. 27. (v.23-25)
  - What spiritual disciplines do you need to possess to receive and believe prophetic truth? (*faith, times of devotion and prayer, corporate worship*)
  - How do you separate worldly truths from prophetic truths?
- *3. Focus on God's Purpose*
  - List where you see Paul putting this to practice in ch. 27. (v.31-36)
  - What is God's purpose for Paul in these verses?
  - Last week we talked about consecrating ourselves for God's purpose. Remind the group... What is God's purpose for you?
  - How do you find God's purpose in your life?
- *4. Rest in God's Promises*
  - List where you see Paul putting this to practice in ch. 27.
  - What makes it difficult sometimes to believe in the promises of God in your life?
  - What are some things you do to overcome doubt?