



Identity Over Anxiety

There is a prevailing sense of anxiety in the world around us, and for many people anxiety is a daily and personal struggle. Thankfully, the Bible isn't silent about this. This series helps us face the anxieties of life with the truth of the Word of God and the spiritual and practical applications it provides us today.

- What is one thing that stood out to you from this week's message?
- Circle Time: If you picked 5 words to describe yourself, what would they be?
 - Why'd you pick those 5?
 - Have others used these words to describe you?
- In his teaching Pastor Dave taught that Jesus isn't just about getting from hell to heaven. He is about living your most peaceful, purposeful and productive life here and now!
 - If this is true then why do so many people struggle with anxiety?
- Read Matthew 6:33-34.
 - What does it mean to seek first His Kingdom?
 - What is the result of seeking His Kingdom?
 - When anxiety attacks how does that prioritize what you are seeking?
 - What are some ways that you keep seeking His Kingdom a priority?
- Pastor Dave taught us that our fears, worries, and even our sin does not disqualify us from the love of God.
 - What are some examples in scripture of God loving less than perfect people?
 - Has God ever used a challenge in your life to bring hope to another? What happened?
- What does it mean to say that your identity is in Christ?
 - Which of the 5 words you chose to characterize yourself earlier are shaped because of Christ?
 - Read Hebrews 13:5; Philippians 4:13; 2 Corinthians 12:10
 - How do these passages inform you regarding your identity in Christ?
- Read Hebrews 4:15-16.
 - Why is the knowledge that we are not alone important for you as you deal with anxiety?