



Connect Group Discussion Guide

The idea of this series, “Junk in the Trunk”, is about finding freedom from the things that weigh us down.

1. On our journey, the goal isn’t escaping all of life’s problems, but that we learn to become more than conquerors in the midst of them. In what area(s) of your life do you believe that you are more than a conqueror? What does being more than a conqueror in that area look like?
2. In the story of the Children of Israel, they believed Pharaoh and his rage was enemy # 1, however, Israel’s greatest enemy wasn’t Pharaoh but themselves. Read Ex. 14:4. They needed to learn who God was and they needed to realize they were their own worst enemy. Have you ever felt like you were your own worst enemy? In what areas? How did you overcome that?
3. Once the Children of Israel were freed from the Egypt, God needed to develop them; transform their captive minds to freed minds. He did it in a few ways:
 - He assessed what they could handle (Ex. 13:17—God doesn’t take them through Philistine land because he knows they are not ready to fight)
 - He planned their steps to create growth for them (Ex. 14:4—God turns Israel around and puts their backs to the sea with no route of escape)
 - He taught them to stand firm and quiet in the midst of fear (Ex. 14:13-14)
 - He taught them that He controls even the chaos

How do any of the above relate to your personal experiences with God in your faith walk with Him? Share the story(s) with the group.
4. One of the reasons we fear so much is that we understand our limitations, yet not realize how much power we also have. Read 2 Corinthians 4:7-11 and explain what this verses means to you.
5. Before Israel, and you or I can be agents of God’s transformative work in this world, we ourselves have to allow Him to transform us. How can God transform you today?

Series: Junk in the Trunk

“Transformation”

Week of June 27, 2021

Main Idea

On our journey, the goal isn’t escaping all of life’s problems, but that we learn to become more than conquerors in the midst of them; that God transforms us on the journey.

Key Scripture Reference(s)

***Various verses from
Exodus 13-14
2 Corinthians 4:7-11***

Your Faith in Action

What steps will you take this week to **show** others what you believe (in words, and in deeds)?

Mon: _____

Tue: _____

Wed: _____

Thu: _____

Fri: _____

Sat: _____

Sun: _____

This is a constant element, so you can practically live out your faith everyday.